

| ST. FRANCIS XAVIER SCHOOL | | JANUARY BREAKFAST MENU | | At least 80% of grains served are whole grain rich (WGR). The remaining grains are enriched. |
|--------------------------------|---|---|---------------------------------------|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 1 | 2 | 3 | 4 | 5 |
| NEW YEAR'S DAY NO SCHOOL | NO SCHOOL | Mini Cinni | Mini French Toast Syrup (Optional) | Powdered Sugar Donut Holes |
| | | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup |
| | | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice |
| | | Milk | Milk | Milk |
| 8 | 9 | 10 | 11 | 12 |
| Bagel, Sausage, Egg Patty | Pumpkin or Banana Bread Danimals Strawberry Yogurt | Long John | Mini Pancakes Syrup (Optional) | Cinnamon Roll and Gogurt |
| | | | | |
| Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup |
| Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice |
| Milk | Milk | Milk | Milk | Milk |
| 15 | 16 | 17 | 18 | 19 |
| | Muffin and Yogurt | Mini French Toast | Mini Cinni | Breakfast Pizza |
| | (Banana, Chocolate, Apple Cinnamon) | Syrup (Optional) | | |
| NO SCHOOL | | | | |
| | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup |
| | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice |
| | Milk | Milk | Milk | Milk |
| Invention Convention 22 | 23 | 24 | 25 | 26 |
| Long John | Bagel, Sausage, Egg Patty | Pumpkin or Banana Bread Danimals Strawberry Yogurt | Cinnamon Roll and Gogurt | Mini Pancakes Syrup (Optional) |
| | | | | |
| Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup |
| Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice |
| Milk | Milk | Milk | Milk | Milk |
| Catholic Schools Week 29 | 30 | 31 | Feb.1 | Feb.2 |
| Powdered Sugar Donut Holes | Breakfast Pizza | Muffin and Yogurt | Mini French Toast | Mini Cinni |
| | | (Banana, Chocolate, Apple Cinnamon) | Syrup (Optional) | |
| | | | | |
| Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup | Fruit/Fruit Cup |
| Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice | Apple or Orange or Grape Juice |
| Milk | Milk | Milk | Milk | Milk |

Cereal Bars/toast OR Cereal/toast are available as an alternate to the main/hot breakfast item every day!

Pop Tarts/toast will be available as an alternate breakfast entree when available too!

Each meal includes a choice of: 1% white milk or skim chocolate milk

Each breakfast meal MUST include a fruit choice - apple juice, orange juice, grape juice and a variety of other fruit options are available daily!

***Each student can take 2 Fruit choices as part of the reimbursable meal. **At least ONE fruit must be taken.** Only one juice allowed per meal.

This institution is an equal opportunity provider